



The IB Diploma Program How-To



Course Requirements

- The International Baccalaureate (IB) Diploma Programme (DP) course of study requires 6 subjects, one from each of the 6 groups.
- Three subjects are studied at “Higher Level” (HL) and three are studied at “Standard Level” (SL). The HL subjects require a minimum of 240 hours of instruction and the SL subjects require a minimum of 150 hours of instruction.
- *Students will be eligible for the Bilingual IB Diploma by completing 2 languages selected from Group 1 with the award of 3 or higher in both OR by completing one Group 3 subject in a language other than English.*

Central Components

- The central components of the Diploma Program are CAS, Theory of Knowledge, and the Extended Essay.
- CAS stands for “creativity, activity, and service” and is the experiential learning aspect of the program. Students spend roughly 150 hours outside the classroom in activities that further their growth as individuals in these areas.
- The Theory of Knowledge (TOK) is the glue that holds the DP together. It is a course that asks students to explore the basis of knowledge and the assumptions we have about truth, beliefs, and knowledge.
- The Extended Essay (EE) is a 4,000 word independent research project. Research questions are based on a topic of each student’s choice.

Subjects Offered at MHS

	SL	HL
Group 1:	Language & Literature Literature & Performance *Chinese Language & Literature *Spanish Language & Literature	Literature *Spanish Language & Literature
Group 2:	Spanish French German Chinese	Spanish French German Chinese
Group 3:	Psychology Business & Management Economics *Global Politics in Spanish	History Business & Management
Group 4:	Biology Physics Sports Exercise & Health Science	Biology Computer Science
Group 5:	Math Math Studies	Math Further Math
Group 6:	Visual Arts Music An additional class from groups 2-5 can also be used as a Group 6 subject	Visual Arts