



# College Admissions and the Student Athlete

**Phil Trout**

**College Counselor, Minnetonka High School**

**Monday, October 4**

**Wednesday, October 6**

# Agenda for today's presentation

- Key factors/considerations for student athletes
- NCAA Eligibility Center – rules and regulations for Division I, Division II and Division III athletic programs
- Eligibility vs Admissibility
- COVID-19 changes/implications

# Key considerations for student athletes

- Every prospective athlete must consider these 3 key questions:
  1. Why am I going to college?
  2. What role do I want my sport to play during my collegiate experience?
  3. What am I willing to give up – or sacrifice -- in order to be a college athlete?
- Student athletes must always remember the word “student”
- Character counts – when communicating with coaches, be aware of your demeanor and attitude

# NCAA Eligibility Center

- Located in Indianapolis, IN and run by the NCAA
- Review high school transcripts ~~and test scores~~ for all Division I and Division II prospects
- **Register during your junior year in HS**
- Costs \$90 to register (\$150 for internationals)
- ~~SAT/ACT scores can be sent directly to the Eligibility Center by marking code 9999~~ (test score waived for 2022-23 enrollment)
- Work closely with your MHS counselor to determine core courses

# Guide for the College-Bound Athlete

- Covers recruiting and eligibility
- Download at [www.ncaa.org](http://www.ncaa.org) (pdf.)
- High school academic information (Divisions I, II, III)
- NCAA Eligibility Center registration (Divisions I & II)
- Create a Profile page for Division III
- Sample questions to ask in the recruiting process



# Determining initial eligibility

## **Academic component:**

1. Graduation;
2. Complete the minimum number of core courses;
3. Minimum core grade point average;
4. ~~ACT or SAT test score (sliding scale)~~

## **Amateurism component:**

- Complete amateurism questionnaire

# Division 1 core-course requirements

## 16 core courses needed:

- 4 years of English
- 3 years of math (Algebra I or Higher)
- 2 years of natural/physical science (one lab)
- 1 year of additional English, math or science
- 2 years of social science
- 4 years of additional core courses

***\*\* Minimum gpa needed to qualify is 2.3 (based on core courses)***

# **10 Core courses must be completed prior to start of senior year in HS; 7 of 10 must be in the following areas:**

- English
- Math (Algebra I or Higher)
- Natural/physical science (one lab)

\*The 10 core courses utilized to meet this rule may not be replaced by a course taken in the senior year.

\*\*Calculating a gpa – all grades of A are given 4.0; all B grades are given 3.0; all C grades are 2.0; all grades of D are given 1.0, and all F's are given 0.0



# Test optional policy at NCAA for 2021-22

**Q:** If students meet the [COVID-19 Automatic Waiver criteria for 2022-23 enrollment](#) but also present a non-qualifying standardized test score, will they still receive the automatic waiver?

**A:** Yes. Standardized test scores are not included in the COVID-19 Automatic Waiver criteria for 2022-23 enrollment.

# Test score – no final decisions (yet) for Class of 2023

NCAA uses sub scores to determine minimum test score needed

- ACT Sum (add each sub score below)
  - English
  - Mathematics
  - Reading
  - Science
- SAT Sum (add each sub score below)
  - Critical Reading (Verbal)
  - Mathematics

# Test score examples

ACT composite (22) with sub scores: E (25), M (20), R (23), S (20)

- NCAA would use total of sum scores (88)
- Admissions would use composite (22)
- If student took 2<sup>nd</sup> ACT (23) with sub scores: E (26), M (19), R (25), S (22)
  - NCAA would use best sum scores from the two tests (93)
  - Admissions would use the best composite score (23)

SAT scores are calculated the same

- Critical Reading (Verbal)
- Mathematics

# Academic Qualifier, Academic Redshirt, Non-Qualifier

## Academic Qualifier

- Athletic scholarship, practice and competition in your first year in residence
- Four years to compete

## Academic Redshirt

- Athletic scholarship and practice only in your first year in residence
- Four years to compete

## Non-Qualifier

- No scholarship, practice or competition in your first year in residence
- Only three years to compete, with ability to regain 4th

# Sliding scale for Division I

## Sliding Scale for Division I

Division I uses a sliding scale to match test scores and GPAs to determine eligibility. The sliding scale balances your test score with your GPA. Find more information about test scores on [page 13](#) or visit [ncaa.org/test-scores](http://ncaa.org/test-scores).

| DIVISION I<br>FULL QUALIFIER SLIDING SCALE |      |          | DIVISION I<br>FULL QUALIFIER SLIDING SCALE |      |          |
|--|------|----------|--|------|----------|
| Core GPA                                   | SAT* | ACT Sum* | Core GPA                                   | SAT* | ACT Sum* |
| 3.550                                      | 400  | 37       | 2.750                                      | 810  | 59       |
| 3.525                                      | 410  | 38       | 2.725                                      | 820  | 60       |
| 3.500                                      | 430  | 39       | 2.700                                      | 830  | 61       |
| 3.475                                      | 440  | 40       | 2.675                                      | 840  | 61       |
| 3.450                                      | 460  | 41       | 2.650                                      | 850  | 62       |
| 3.425                                      | 470  | 41       | 2.625                                      | 860  | 63       |
| 3.400                                      | 490  | 42       | 2.600                                      | 860  | 64       |
| 3.375                                      | 500  | 42       | 2.575                                      | 870  | 65       |
| 3.350                                      | 520  | 43       | 2.550                                      | 880  | 66       |
| 3.325                                      | 530  | 44       | 2.525                                      | 890  | 67       |
| 3.300                                      | 550  | 44       | 2.500                                      | 900  | 68       |
| 3.275                                      | 560  | 45       | 2.475                                      | 910  | 69       |
| 3.250                                      | 580  | 46       | 2.450                                      | 920  | 70       |
| 3.225                                      | 590  | 46       | 2.425                                      | 930  | 70       |
| 3.200                                      | 600  | 47       | 2.400                                      | 940  | 71       |
| 3.175                                      | 620  | 47       | 2.375                                      | 950  | 72       |
| 3.150                                      | 630  | 48       | 2.350                                      | 960  | 73       |
| 3.125                                      | 650  | 49       | 2.325                                      | 970  | 74       |
| 3.100                                      | 660  | 49       | 2.300                                      | 980  | 75       |
| 3.075                                      | 680  | 50       | 2.299                                      | 990  | 76       |
| 3.050                                      | 690  | 50       | 2.275                                      | 990  | 76       |
| 3.025                                      | 710  | 51       | 2.250                                      | 1000 | 77       |
| 3.000                                      | 720  | 52       | 2.225                                      | 1010 | 78       |
| 2.975                                      | 730  | 52       | 2.200                                      | 1020 | 79       |
| 2.950                                      | 740  | 53       | 2.175                                      | 1030 | 80       |
| 2.925                                      | 750  | 53       | 2.150                                      | 1040 | 81       |
| 2.900                                      | 750  | 54       | 2.125                                      | 1050 | 82       |
| 2.875                                      | 760  | 55       | 2.100                                      | 1060 | 83       |
| 2.850                                      | 770  | 56       | 2.075                                      | 1070 | 84       |
| 2.825                                      | 780  | 56       | 2.050                                      | 1080 | 85       |
| 2.800                                      | 790  | 57       | 2.025                                      | 1090 | 86       |
| 2.775                                      | 800  | 58       | 2.000                                      | 1100 | 86       |

ACADEMIC REDSHIRT

\*Full sliding scale research between the new SAT and ACT is ongoing.

# Sliding scale

## **Added academic redshirt status, may apply if:**

- Did not complete 10 of the 16 core courses prior to senior year
- Did not complete 7 of those 10 in the correct core course areas
- ~~Did not meet new test score/core course GPA~~ (waived for 2022-2023 enrollment)

# Division II

## **16 courses needed:**

- 3 years of English
- 2 years of math (Algebra I or higher)
- 2 years of natural/physical science (one lab)
- 3 year of additional English, math or science
- 2 years of social science
- 4 years of additional core courses

## **Division II test score/GPA requirements**

- Core grade-point average must be at least 2.000
- ~~Minimum test score of 900 on the SAT and 68 sum score on the ACT for students with a 2.0 GPA~~

# Division II

## Initial eligibility standards

- Moving to sliding scale for initial eligibility
- Student-Athlete must now earn at least a 2.20 grade-point average to be a qualifier, ~~with an ACT sum score of 70~~
- Student-Athlete must now earn at least a 2.00 grade-point average to be a partial qualifier, ~~with an ACT score of 68~~



# Division III

- 80% private institutions; 20% public institutions
- Average enrollment of 2,000 students (the range is from 400 to over 40,000)
- No scholarships awarded to student athletes, but preference can be given in admissions
- Athletic focus is on in-season competition
- Student athletes experience the full range of college life and programs
- Student athletes compete because they have a passion for the sport

# Division III

- Division III sports are not “glorified intramurals” – think about the rivalry between St. John’s and Bethel, or between Amherst and Williams
- Coaches can “slot” student athletes for their teams
- Pressure exists for students to apply early decision
- Financial aid inconsistencies – i.e., “leadership scholarship”
- Recruiting rules are not clearly defined or regulated (no NCAA compliance officer/departments)

# The NCAA approves the courses, NOT the high school

- Each high school has an approved core course list on the Eligibility Center's website.

<https://web3.ncaa.org/hsportal/exec/homeAction>

- High school code number for MHS is 240780 – click on the tab for List of High School Courses
- If the course is not on our high school list at the NCAA, it will not count as a core course
- If a course title on the transcript does not match the title on the NCAA's list, it will not count as a core course
- Meet with your MHS counselor to review your enrollment and your planned courses

# NCAA eligibility vs. college admission process

- Two separate determinations
- Being an NCAA qualifier does not automatically mean you will be admitted to an institution – “hitting the metrics” does not guarantee that you’ll be recruited
- Being admitted to an institution does not mean that you are automatically eligible under NCAA requirements
- Sending an application to NCAA Eligibility Center does not mean you have applied for admission to a college
- As a prospective student athlete, it’s always an advantage to apply early for admissions

# Amateurism – final step

## **Prospects jeopardize NCAA amateur status by:**

- Formally entering into a professional contract, practicing with or competing with a professional team in hockey or skiing, or accepting a salary
- Accepting prize money that exceeds expenses for an athletic event
- Entering into agreement or accepting benefits from an agent
- Involvement with a recruiting service

# Division I – years of eligibility

- Five years to complete four years of competition starting from the date of your initial full-time enrollment in a Division I institution
- Redshirts – no competition while representing the institution during an academic year
- Medical Redshirts – limited competition in the first half of a playing season prior to a season ending injury

# Division II – years of eligibility

- Ten (10) full-time semesters to complete four (4) seasons of competition
- Redshirts – no competition while representing the institution during an academic year
- Medical Redshirts – limited competition in the first half of a playing season prior to a season ending injury

# General recruiting concepts

- Rules are designed to protect the HS students
- HS students may call or write coaches, or visit with coaches on their campus at any time
- Unofficial visits may be done at any time, as the student's/family's expense
- Official visits are paid for by the Div I or Div II college, and require that you are registered with the NCAA Eligibility Center
- Talk with your high school coach – ask for their insights and confirm their willingness to be an advocate for you.
- ASK QUESTIONS!!



# Financial aid/scholarship basics

- DIII schools do not offer athletic scholarships
  - Other financial aid packages may be available
- National Letter of Intent is a contract between athlete and college (DI & DII)
  - Scholarship offer must accompany the NLI
- Athletic scholarships may be multi-year agreements between prospect and institution. This is at the offering institution's discretion.
- Full Scholarship = tuition & required fees, room & board, books, and cost of attendance.
- Summer aid: potentially available for scholarship athletes
- Fifth-year (exhausted eligibility) athletic aid to graduate may be available

# Division I financial aid/scholarships

**Some sports are “all or nothing” scholarships (Head Count Sports)**

- Football (85)
- Men's Basketball (13)
- Women's Basketball (15)
- Women's Gymnastics (12)
- Women's Volleyball (12)
- Women's Tennis (8)

# Division I financial aid/scholarships

## Some sports are able to divide scholarships (Equivalency Sports)

- Hockey (18)
- Men's Track/CC (12.6)
- Women's Track/CC (18)
- Men's Lacrosse (12.6)
- Women's Lacrosse (12)
- Wrestling (9.9)
- Softball (12)
- Baseball (11.7)
- Men's Golf (4.5)
- Women's Golf (6)
- Men's Tennis (4.5)
- Men's Soccer (9.9)
- Women's Soccer (14)
- Rowing (20)
- Men's Swimming/Diving (9.9)
- Women's Swimming/Diving (14)

# Q & A

**Phil Trout**  
**College Counselor**  
**Minnetonka High School**  
952-401-5746

[collegeguy@minnetonkaschools.org](mailto:collegeguy@minnetonkaschools.org)

Twitter: @MHScollegeguy

10-4-21