



# Minnetonka Community Education

To register visit [www.minnetonkacommunityed.org](http://www.minnetonkacommunityed.org) or call 952-401-6800

## Summer Fitness Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Morning



**Barre +Yoga + Weights**  
8:20-9:10am  
MCEC

**Vinyasa Yoga**  
9:20-10:10am  
MCEC

**Morning Yoga Flow**  
7-7:50am  
Wayzata Beach

**Pilates for Buff Bones**  
8-9am  
MCEC

**Beginner to Advanced  
Beginner Tennis**  
9-10am  
Wayzata Bell Courts

**Kettlebells**  
11-11:45  
MCEC

**Gentle Flow Yoga**  
10-11am  
MCEC

**Outdoor Fitness Bootcamp**  
8-9am  
MCEC

Evening

**Gentle Flow Yoga**  
4:15-5:15 and 6:45-7:45pm  
MCEC

**Traditional Yoga**  
6-7pm  
MCEC

**Tae Kwon Do**  
6-7pm  
MCEC

**Sunset Yoga Flow**  
8-9pm  
Robinson's Bay Beach

**Traditional Yoga**  
6-7pm  
MCEC

**Beginner to Advanced  
Beginner Tennis**  
6:30-7:30pm  
MMW

**Intermediate Tennis**  
7:30-8:30pm  
MMW

**5 Elements Qigong**  
6:30-7:30pm  
Wayzata City Hall Park

**Beginner to Advanced  
Beginner Tennis**  
6:30-7:30pm  
Wayzata Bell Courts

**Tai Chi Chuan**  
7:45-9:45pm  
Wayzata City Hall Park

**Pilates - Mat 1**  
5-6pm  
MCEC

**Traditional Yoga**  
6-7pm  
MCEC

